



Evaluation Report

Project Title: Four Birthdays

Descriptor: Underage Drinking Programme for Community Centres

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1.1 Executive Summary

Replay Theatre Company was commissioned to deliver an Education Drama Programme to young participants through a network of community and youth centres. The programme was designed to explore underage drinking through the use of participatory theatre. Drawing on the latest research into the major factors influencing young people's attitudes to alcohol the programme specifically focused on three areas: family, peers and media.

After a three month development phase the programme was rolled out to groups across Northern Ireland from late August 2010 to January 2011.

The response to the programme was phenomenally positive. During the planning stages of the project a number of additional areas of added value were identified. In particular these included the need to produce a form of resource that would extend the impact of the key messages (website, leader & participant resources) and an evaluation framework that included a benchmark for attitudes pre and post programme.

In particular this evaluation framework helped to identify very clear areas of impact. Particular attention should be drawn to a number of key indicators.

Participation in this programme helped to achieve an 18% increase in those young people recognizing that alcohol can affect relationships and a 20% increase in those young people recognizing that underage drinking has consequences on their wellbeing.

Four Birthdays clearly demonstrates that drama when utilized effectively is an invaluable tool in empowering young people to make informed choices and form attitudes, allowing them to enter into discussion and dialogue through a critical and creative engagement.

1.2 About the programme

After a successful year of touring *The Weakest Drink* to schools for young people aged 14 – 16 Replay Theatre Company proposed to redraft the performance workshop to build upon valuable feedback and engage directly with the community through a youth centre programme.

Based upon information from DRINKIQ and the Strengthening Families Program, along with findings from the Joseph Rowntree Foundation's commissioned report authored by Richard Velleman (2009), Replay conceived a performance based participatory workshop entitled "Four Birthdays". Targeting youth community centres, the workshop focused on three areas of influence; the family, peers and the media.

Rationale: The Joseph Rowntree Foundation's commissioned report (2009) suggests that altering how young people first learn about alcohol and how they develop expectations and attitudes towards its use is best addressed first amongst families.

...of all the interventions that have been tried ones based on the family have the best evidence for their efficacy.

(Velleman, 2009, p. 4)

As such, the first concern of the performance workshop was about young people in a family context and how they can jointly agree to model behaviour that promotes responsibly drinking in the relative safety of the home environment. Importantly, this is an intergenerational objective, one that assists younger siblings (or the whole family unit) to discuss and agree to appropriate models of behaviour concerning responsible drinking.

Further, the Velleman (2009) report suggests that there is some evidence "evidence suggesting that interventions based around altering peer influence can work, by improving young people's skills to resist peer pressure" (Velleman, 2009, p. 5). Accordingly the second concern of the performance based workshop was dealing with young people's wider social circles. The objective here was to affirm a resilient self-image and to activate young people to "become educators and attitude-formation leaders" (Velleman, 2009, p. 5) concerning responsible drinking.

Lastly, the report suggests that 'Multi-component interventions' (Velleman, 2009) have been used to some success. This is why the last section of the performance based workshop explored the influence of the media and how it confirms or disconfirms young people's broader social attitudes towards alcohol.

References:

Velleman, R. (2009) Alcohol prevention programmes, Joseph Rowntree Foundation; <http://www.jrf.org.uk/publications/young-people-alcohol-excessive-prevention> (accessed 13th March 2009).

1.3 About Replay

Replay is a theatre company inspired by the integrity of educational theatre and the power of storytelling. Transforming spaces into theatres for a day, we want to give all of Northern Ireland's children and young people their first opportunity to experience live theatre.

At Replay, we believe that theatre finds truth in discussion. By empowering their authentic voice, we aim to grow the possibility and potential of our young audiences.

Established in 1988, Replay is dedicated to providing high quality theatre that entertains, educates and stimulates children and young people throughout Northern Ireland and to supporting and inspiring the adults that work with, and care for them. All projects provide unique curriculum support, encourage increased understanding, development and learning (at school level and in life skills) and promote concepts of cultural identity and diversity.

Replay receives revenue funding from the Arts Council of Northern Ireland, Belfast City Council and the Lloyds TSB Foundation's Creative Change programme. Replay delivers a comprehensive programme throughout the year and each element of this programme is independently fundraised from a diverse range of sources.

Replay is committed to ensuring best practice in the safeguarding of children and young people. Replay's Safeguarding Policy may be accessed via the company's website at www.replaytheatreco.org or copies are available from the designated Safeguarding Officer who can be contacted at operations@replaytheatreco.org

1.4 Programme Objectives

Community Engagement Objectives:

Replay's engagement with young people through community centres aimed to:

- enhance young people's critical and emotional engagement concerning underage drinking,
- personalise young people's understanding of their choices with regards to alcohol consumption,
- accurately inform young people about alcohol measurements,
- empower young people to become educators and attitude-formation leaders amongst their peers concerning responsible drinking.

Project Objectives: "Four Birthdays" was designed to:

- critically explore the concerns of underage drinking through performance and participation
- explore attitudes and expectations concerning alcohol in a family, peer and media environment,
- generate both critical distance and emotional engagement on the effects that alcohol can have on their lives and relationships.

1.5 Programme Overview

In response to the funder's brief, Replay engaged the methods of Augusto Boal's 'Forum Theatre' to create a participatory workshop experience for the participants with the following project parameters.

- Target age group – 13 to 16 year olds
- Maximum audience – 20
- Duration – 90 minutes
- Materials – the performance based workshop will not be prop heavy and will be easily transportable.
- Additional Resources – the accompanying resources should include some preparatory notes and activities sent before participation in the workshop.

The workshop took the form of four performed scenes representing Charlie's 12th, 14th, 16th and 18th birthdays, and the negative experiences she has with alcohol on each of these birthdays. Each of these scenes was then workshoped with the young people in a forum theatre style to try and ensure Charlie has positive experiences on her birthdays rather than

negative ones. The workshop ended with the participants ‘flashing forward’ to Charlie’s 21st birthday to see how the choices they have made influence her future.

The project was completed through the following stages:

Research: Replay carried out comprehensive research on the culture around young people and alcohol.

Development: Replay designed and developed all aspects of the performance programme including script, resources and web presence.

Training: Replay’s previous artistic director David Fenton, director Richard Lavery and dramaturge Emily Dedakis worked with Replay’s creative engagement associate Janice Kernoghan to refine and rehearse the piece over a period of two weeks.

Delivery: Replay created and delivered 51 workshops.

Evaluation: The project was monitored at all stages and an evaluation framework created. A final evaluation report was created.

2.1 Methodology

Forum Theatre

Forum Theatre is a type of participatory-based theatre created by the innovative and influential practitioner Augusto Boal. In this process the audience members are invited by the facilitator to stop a performance, often a short scene in which the main character is in some way being disempowered. The audience can then suggest different actions for the actors to carry out on-stage in an attempt to change the outcome of what they are seeing. In this way participants can manipulate the outcomes of the performance in order to investigate choices. For “Four Birthdays” the usual method of Forum Theatre (in which an audience member shouts ‘stop!’ at any stage), was re-imagined to cater to an audience of 13-16 year olds, who were given ‘thinking time’ in groups at the end of a scene, and then asked for their ideas in re-structuring it before being asked to take on the role of one of the characters.

2.2 Findings Summary

Quantitative

QUANTITATIVE EVALUATION - Participants

Number of participants:	569	
Number of participant pre questionnaires returned:	151	
Number of participant post questionnaires returned:	427	
Number of Roman Catholic participants:	257	(45.2%)
Number of Protestant participants:	215	(37.8%)
Number of participants with undeclared religious affiliation:	97	(17%)
Number of participants from an ethnic minority:	7	(1.2%)
Number of participants with a disability:	16	(2.8%)

Participants were asked to visit the website prior to the workshop in order to complete a pre-show quiz. At the end of the workshop participants were given a post-show quiz to complete. These quizzes were identical, apart from two extra questions at the end of the post-show quiz which asked for opinions on the workshop itself. It proved challenging to ensure visits to the website prior to the workshop, which is why the numbers of post-show questionnaires are so much higher than pre-show. The purpose of these questionnaires was to enable us to compare participant responses pre and post-show, and to gather feedback on how the participants responded to the workshop itself.

Results to each question are shown below:

I think drinking alcohol underage is;

Good fun – what’s the big deal?	PRE: 20.6%	POST: 19.8%
Ok – as long as you don’t get caught.	PRE: 41.7%	POST: 23.2%
Stupid – there are loads of consequences,		
I don’t see what all the fuss is about.	PRE: 37.7%	POST: 57%

Conclusion: The biggest changes in results here post-show are the 18.5% drop in participants who thought underage drinking was ok as long as they didn’t get caught, and the almost 20% rise in participants who thought underage drinking was stupid.

If I didn’t want to drink and my friends did I would;

Go along with them.	PRE: 28.5%	POST: 24.2%
Make an excuse not to drink.	PRE: 25.8%	POST: 27.9%
Tell them why I didn’t want to drink and encourage them not to either.	PRE: 45.7%	POST: 47.9%

Conclusion: These percentages show that numbers of those who would go along with their friends dropped by 4% with the changed responses split evenly between those who would make an excuse not to drink (2% rise) and those who would not drink and encourage their friends not to either (also 2% rise).

I feel that underage drinking could affect my future;

Not at all	PRE: 15.8%	POST: 13.6%
Maybe in some ways	PRE: 54%	POST: 50%
Quite a lot	PRE: 30.2%	POST: 36.4%

Conclusion: The figures show drops in the numbers of participants who thought that underage drinking would not affect their future, or only in some ways, and a significant rise in those who thought that underage drinking would affect their future quite a lot.

I think alcohol affects relationships with other people;

A lot	PRE: 31.5%	POST: 45.8%
Maybe a bit	PRE: 46.3%	POST: 42.5%
Not at all	PRE: 22.2%	POST: 11.7%

Conclusion: These findings demonstrate a notable 14% rise in those who thought that alcohol affected relationships with other people, and a 10.5% drop in those who thought that alcohol would not affect relationships with others at all.

On a scale of 1-10, how much influence do you think your friends would have on whether you drink and how much? (1 being none, and 10 being a lot)

AVERAGE PRE: 4.7 AVERAGE POST: 5.4

On a scale of 1-10, how much influence do you think the media would have on whether you drink and how much? (1 being none, and 10 being a lot)

AVERAGE PRE: 4.7 AVERAGE POST: 4.9

On a scale of 1-10, how much influence do you think your family would have on whether you drink and how much? (1 being none, and 10 being a lot)

AVERAGE PRE: 4.7 AVERAGE POST: 5.7

Conclusion: It is interesting to note that the post-show results demonstrate a consistent if slight increase in the participants recognizing the influence that family, friends and media have on their attitudes to drinking.

Do you feel that Four Birthdays helped you think more about the issues around underage drinking? Why?

YES: 83.6% NO: 16.4%

Conclusion: Of many of the 16.4% that said that Four Birthdays had not helped them to think more about the issues around underage drinking, many of them said that they already knew all the risks and dangers, or that it didn't cause them to think more about it because it was not

something they would ever consider doing anyway. (See Appendix D - Sample Participant Feedback)

On a scale of 1-10, where 1 is really bad and 10 is excellent, what score would you give the workshop?

AVE: 8

See Appendix D – Sample Participant Feedback for expanded responses.

QUANTITATIVE EVALUATION - Leaders

42 leader's evaluations were completed and returned.

Leaders were asked to complete evaluations at the end of each workshop. Some leaders left the room during the workshop, not returning until the end, which meant that an evaluation would not have been possible. Others said they would post it and failed to. The evaluations were designed to gauge how they rated the effectiveness of the workshop.

Results to each question are shown below;

Please tell us what you and your group thought about the workshop

You	Excellent <input type="radio"/>	Good <input type="radio"/>	Adequate <input type="radio"/>	Poor <input type="radio"/>	Disappointing <input type="radio"/>
Participants	Excellent <input type="radio"/>	Good <input type="radio"/>	Adequate <input type="radio"/>	Poor <input type="radio"/>	Disappointing <input type="radio"/>

36 stated the workshop was excellent (85.7%)

6 stated the workshop was good (14.3%)

0 stated the workshop was adequate

0 stated the workshop was poor

0 stated the workshop was disappointing

Did the young people enjoy the workshop?

39 responded yes (92.9%)

3 responded with the following answers: (7.1%)

- "All except 1"*
- "The group were not very respectful today so it was hard to tell"*
- "A bit unsettled at first but soon got into it"*

Was the activity appropriate for the age group present? Please tell us why.

41 responded yes (97.6%)

1 did not answer this question (2.4%)

Four Birthdays is designed to educate about the emotional and relationship issues surrounding underage drinking, with particular reference to pressure from family, friends and the media. Do you feel it was effective in giving the young people an opportunity to explore these issues?

40 responded yes (95.2%)

2 did not answer this question (4.8%)

See Appendix C – Sample Leader Feedback for expanded responses.

Qualitative

Performance

The workshops proved successful in practice. Pre-programme concerns regarding young people not wishing to take part and 'make fools of themselves' proved unfounded. The vast majority of participants were keen to become involved, co-operated with the structure of the workshop, understood the themes, and contributed to the progression of each scene.

Reinforcement & Impact: Coasters

Each participant received a coaster at the end of the workshop which displayed various useful alcohol information website addresses and one helpline. A coaster was chosen as it was in keeping with the theme of the workshop and is less disposable than a flyer. These proved popular with the young people, who would often ask to take more for friends/ siblings/ parents etc.

Leader's resource

Each leader received a fold-out resource at the end of the workshop, which contained three follow-up activities and folded out to become a poster displaying information about the law, young people and alcohol and information about units in alcohol. (See Appendix A).

When given the resource, many leaders expressed appreciation of the extra support in dealing with the issue of underage drinking in future sessions. Those who responded to later feedback requests on the resource showed an even split between leaders who did go on to use the resources and those who didn't. Examples of feedback included:

- "We've used the agony aunt activity from the resource with our young women and it went well"
- "We used the resource. It generated useful discussion amongst the young people which certainly challenged their thinking and attitudes"

Website

The website (www.fourbirthdays.com) was useful in providing the participants with a pre and post show connection to the piece and to the themes raised. Sections included pre and post show quizzes, a forum page (which was updated after every centre visited), character profiles and further information about young people and alcohol.

2.3 Key Outcomes

Community Engagement Objectives:

Replay's engagement with young people through community centres will...

- enhance young people's critical and emotional engagement concerning underage drinking,

It was absolutely necessary for the participants to become critically engaged with the themes of the workshop as the progression of each scene was wholly dependent on their contributions. Their emotional engagement was ensured by the performance of the scenes, which reflected a 'real' person going through experiences which would be in some instances, familiar to them, and by the technique used to alter the scenes in which they had to think as that character would think.

- personalise young people's understanding of their choices with regards to alcohol consumption

Again, their contributions to exploring different choices which Charlie, the main character, could make personalised their understanding. It was common to hear "well, if I was her, I'd do this..."

- accurately inform young people about alcohol measurements,

Alcohol measurements were accurately reported in both the leader's resource, including a poster for display, and on the website.

- empower young people to become educators and attitude-formation leaders amongst their peers concerning responsible drinking.

It was inherent in the workshop that any young person contributing was being empowered by the opportunity to share information and voice their opinion on what this character should do in a difficult situation regarding underage drinking. The structure also facilitated discussion between peers who disagreed on what the best course of action would be for the character, which meant they were exposed to, and debated more than one peer attitude.

Project Objectives: "Four Birthdays" would be designed to...

- critically explore the concerns of underage drinking through performance and participation

By design, this was one of the main objectives the project fulfilled.

- explore attitudes and expectations concerning alcohol in a family, peer and media environment,

By gearing the second, third and fourth scenes specifically to alcohol in a family, peer and media environment the participants had clear and structured opportunities to explore attitudes and expectations in each of these areas.

- generate both critical distance and emotional engagement on the effects that alcohol can have on their lives and relationships.

As clear from the participant feedback (both quantitative and qualitative) the young people thoroughly understood and were able to comprehend the effects that alcohol can have on their lives and relationships by using critical distance to look at another character in a situation (and also another peer in role), and to emotionally engage by taking on that role themselves.

Overview of Key Outcomes

Replay considers this project to have been a great success in achieving both Community Engagement and Project Objectives, with the sample leader and participant feedback supporting this view. It has been interesting for Replay to note the differences between delivering to schools and delivering to community centres, in that community centres obviously have less structured programmes. On the negative side this means that workshops are more prone to cancellations, and numbers attending workshops fluctuate significantly (with anything between 4 and 25 attending a workshop). However more positively it means that, as many leaders pointed out “if the young people don’t want to be here, they don’t have to be”, which means that every participant is willingly engaged.

Appendix A: Resources

Website Resource: www.fourbirthdays.com

Appendix B: Participation

Total Number of Performances	51
Total Participants	569
Total Leaders	94

Appendix C: Sample Leader Feedback

"I felt the young people enjoyed the layout of the play and were very involved. It was relevant to the young people I'm working with."

"Excellent facilitation - the workshop was well presented."

"Very beneficial - it gave the young people a chance to think of improvements on nights out . . . they had a great laugh . . . these young people would use alcohol as an activity during the weekend so having any kind of extra knowledge is great"

"Brilliant, really enjoyable and it got the message across . . . it was very effective – they listened when the acting took place."

"The facilitator was fantastic. Our group of young people present were very disruptive but she stayed calm."

"The group really engaged and I was surprised at how much they got involved. They really enjoyed it. It really made some of them think that in some circumstances there are options."

"The interaction made them think about different scenarios around drink . . . I felt it was very appropriate as they could relate to each scene. I feel the play was excellent and wouldn't change it."

"The girls really enjoyed themselves. It was fun and relevant to their age."

"Really good interaction with the young people who can be quite difficult at times . . . great at dealing with the influential people concerning drinking issues."

"Excellent. Very interactive, humorous in parts with key messages promoted."

"Very well delivered - a new approach to looking at the issue of alcohol. I would recommend it to other youth workers."

"The activity was appropriate to the age group as they are all at risk of anti-social behaviour"

"The young people enjoyed the workshop and participated well . . . it was age appropriate."

"The approach was refreshing as I have not experienced anything like it."

"They all seemed to really enjoy it – [it is appropriate as] they are at the age where they are drinking at the weekends".

"Very well done, helped young people bond and gave them an opportunity to discuss the issues of alcohol . . . it's a good age group to involve in debate and discussion."

"It was great . . . particularly relevant as they found it easy to relate to."

“There was a good range of humour used throughout and the young people very much enjoyed the workshop – the young people could identify with the scenarios presented ... They need to learn that they can make other choices and that they don’t need to be pressurized.”

“It was very well done and they all took part well.”

“The delivery was terrific and encouraging for what were a group of difficult young people...They were buzzing about it this morning...It engaged them and the subject matter was very relevant. The issues raised formed the basis of a very healthy discussion this morning.”

Appendix D: Sample Participant Feedback

Feedback in response to the question;

Do you feel that Four Birthdays helped you think more about the issues around underage drinking? Why?

Yes. Because you see what it will be like later on
Yes a bit because it shows what could happen
Yes, because it makes you sick
Yes because I know that you can fall out with your friends and family
Her Dad shouldn't have made her
Yeah because you know it could start fights
Yes because you can get into fights with your friends and family
Yes because it helped me learn more about the effects drinking has on people
Yes because it makes you sick
Yeah - made me think as she was so young and she didn't like it much
Yes, because you can become addicted
Yes, it gave good reasons around alcohol
I would give a thought to it now
Yes, cause you could end up in a crash
Made me more aware of the consequences
Yes, because we don't think about the things she showed us
Yes, shows and explains how she changed and her attitude to drinking changed as at the start she didn't like drinking and now she does
Yes, because they help you understand that there are consequences
It helped you understand what drink can do to you
Yes it shows the dangers and outcomes
Yes, it helps young teens realise the problems associated with alcohol
Yes, I think Four Birthdays helped me about issues around underage drinking because there could be serious things that could happen
Yes, because it explained what could happen when you drink
Yes, because they help you understand that there are consequences
Yes, telling you what could happen
No, because I know that I'll never drink underage.
Yeah because it tells you what can happen to you
Yeah because it tells you what it can do to you
Yes because it gives me advice on what to do if I wanted to drink to stop me being tempted
Yes because you see it everyday and you never see the consequences
I think it showed me ways to resolve situations involving drink
Yes because now I know to keep an eye on what I drink
Yes because she's a mad woman at the end
Yeah cause you change over time and drinking becomes a bigger issue
Yes I do because then if your friends start drinking you could tell them not to do it and also it shows me how stupid you can be when you are drunk
Yes definitely, makes you think of what could happen when you're drunk and who influences you
Yes - do not leave your friends alone, makes you think about the effects alcohol really has
Yes because you can never know what can happen when you are drinking
Yea - showed the effects drinking had on young people
Yes! I think it showed me more about the consequences we overlook when it comes to alcohol
Yes, because you find out how much different people influence you to drink at different ages
Yes, because people shouldn't be drinking under the age of 18

No, not really - I was already aware of the issues around underage drinking
Yes I noticed that family can influence your drinking which I was surprised at!
Yes because it showed how her attitude changed towards drink
Yes it did as you never really think about these topics and how they affect people
Yes because it showed us the kind of stuff that could happen and also avoiding it
I personally think this workshop really does affect the way I will think about alcohol
Yes because it shows the dangers
Yes because it lets you know how much the media and your family and your friends influence you on drinking
Yes it made me think more about what influences young people to drink
Yes, because you get an insight into what alcohol does to you and the people around you
Yes it gave me information on drinking and made awareness of the consequences concerned with drinking
Yes because you can drink later on but you don't have to get blocked
Yes! Shows the way people go on when drinking and shows you the consequences
Yes because I know what can happen to me
Yeah it helped me to not act stupid
Yes I did not think about some of the points mentioned
Yes as it causes a lot of arguments and falling outs between friends and family whereas when you are 18 you can make your own decisions
A little - the plays were fun and showed the effects it can have on people and others
Yes because it showed how people change over the years
Yes it did as I have gone through problems with drinking and family
It did as it can really change your life around
Yes it gave me more reasons not to drink
Yes I learnt more about underage drinking
Yes because it gives you a better idea of what could happen through underage drinking
Yes, cause you have a fun time at the workshop
Yeah, helps you think about situations regarding alcohol
Yeah it makes you realise how you get on with your friends when you're drunk
Yes it covered a lot of issues around drinking and its effects
No I already knew the issues that surrounded underage drinking and knew what to do and how to control it
Yeah it shows you what way her life changed.
Yes because it showed me how my life could turn out in the near future
Yes because that's what really happens when it's your birthday
Yes it made me more aware of people that influence me
Yes because it made me think more
Yes because it shows us who influences you
Yes because I know that it could happen to me
Yes because we see how other people can react and how to avoid this
Yep and because you could get ditched by your mates
Yes it shows how drink can change someone
Yes it shows how much alcohol can influence people
Yes because not to be selfish
Yes it shows you should think before taking actions
Yes because she got too drunk and got into a lot of trouble
Yes because it really influences you not to drink
Yes shows you what situations you can find yourself in
Yes it shows what can happen
Yes it helped us lots
Yes as they showed me how your friends get annoyed

Yeah helped me see what could happen if I was to do it
Yes because you get to know what could happen
Yes because it is bad
Yes because it's talking about your future
Yes because it made me think
Yes because you can change your decisions on drinking
Yes because it makes you more aware
Yes - how to deal with those situations
Yeah because it made me think about the consequences
Yes because it shows us you could lose your friends and get carried away
Yes shows the effects of what can happen through life
Don't drink underage because it might affect your future and that workshop helped me decide if I would drink underage
Yes because it shows you what happens when you drink
Yes because of the endings
Yes cause I will think more about it
Yes because none of those birthdays looked fun
Yes, it showed that friends can fall out and you can be talked into things and it helped me
Yes I could have bad birthdays like that
It's because my birthdays could end up like that
Yes I do because it shows what can happen when you drink
Yes because my birthdays could end up like that
Gives an insight into underage drinking
Yes because it shows how easy you can change into someone you didn't want to be
Yes it has helped me think about issues because it showed how she ended up later in life
It helps me to understand that drinking while underage can really affect your future
Yeah makes me see a glimpse of what the effect of alcohol is underage
Yes because we got to act out our perspectives
Yes because it made me see what dangers and unpleasant things could happen - it has made me a better person
Yes because we got to see how it could turn out and how we could change it
Yes because it gives you more information
Yes because it helps you realise how drinking can make you do stupid things
Yeah because it makes me not drink
Yes because it shows you not to drink a lot
Yes because it showed you what could happen if you drink from a young age
Yes because I think more now about underage drinking
Yes because I saw the danger
It has because of what other people think
Now I know when to stop
No, because I know that it's bad for your liver
It was good
Yes, not being selfish
Yes because they told us what disasters can happen
Yes because now I know the consequences
Yes because anything could happen when you drink, especially irresponsibly
Yes because anything could happen to you
It made me realise I don't like underage drinking
Yes I feel you should have your own opinion on what to do on your birthday
Yes but I don't think my friends would change if I mentioned to them
Yes because I know what to do and what not to do
Yes because now I know what alcohol does to you

Yes as I was unaware of who was affecting me

Yes it was an eye opener to family things that could happen to any family or any of your friends

Yes it made me think twice about drinking